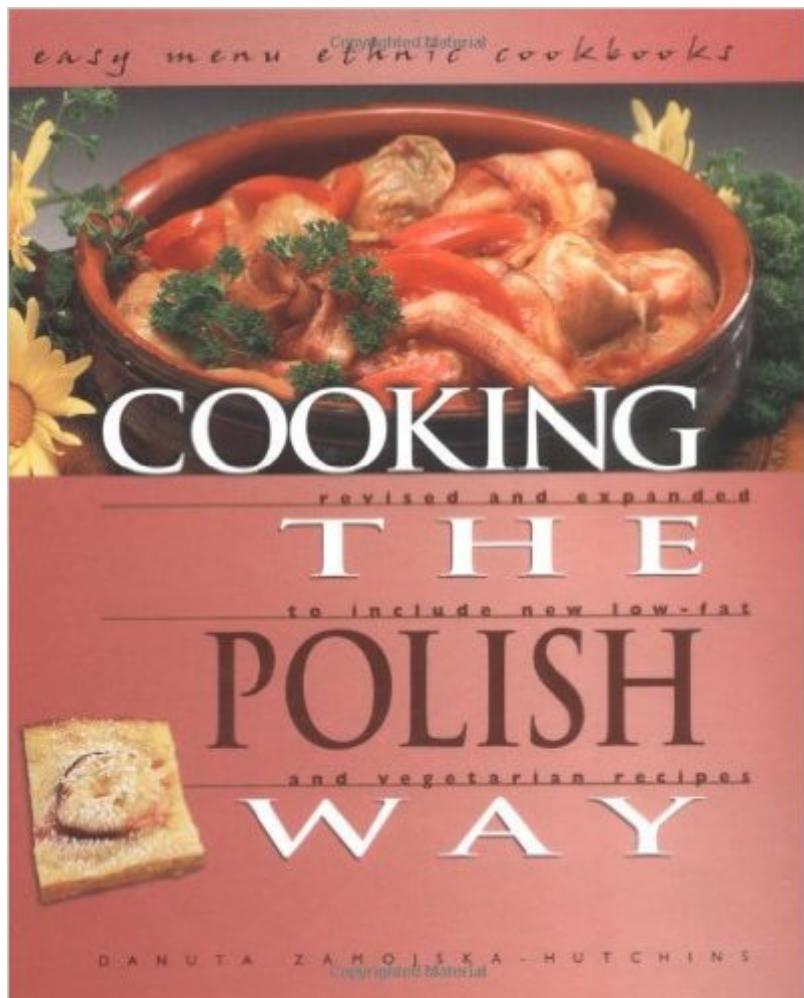


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# Cooking The Polish Way (Easy Menu Ethnic Cookbooks)



## **Synopsis**

Introduces the land, culture, and cuisine of Poland and includes recipes for soups, salads, main dishes, and side dishes. Includes material on healthy, low-fat, vegetarian cooking, and holidays and festivals.

## **Book Information**

Series: Easy Menu Ethnic Cookbooks

Hardcover: 72 pages

Publisher: Lerner Publications; 2 Rev Exp edition (April 1, 2002)

Language: English

ISBN-10: 082254119X

ISBN-13: 978-0822541196

Product Dimensions: 8.8 x 7.6 x 0.4 inches

Shipping Weight: 11.8 ounces

Average Customer Review: 3.0 out of 5 starsÂ  [See all reviewsÂ \(5 customer reviews\)](#)

Best Sellers Rank: #1,870,599 in Books (See Top 100 in Books) #80 inÂ Books > Cookbooks, Food & Wine > Regional & International > European > Polish #1110 inÂ Books > Children's Books > Children's Cookbooks

Age Range: 10 and up

Grade Level: 5 and up

## **Customer Reviews**

This book is very small, and only contains 18 recipes. There are 72 pages, and half of them are about Poland, and it's culture. If you are looking for a book with a variety of polish recipes, to have a wonderful collection to choose from, this is not the book. There is 1 recipe per page, and some of the recipes are very basic, such as steamed vegetable with sauce, and noodles with poppyseeds on top. It is not worth what I paid.

This cookbook is mainly for young people or beginner cooks, to try the basic recipes and learn a little about the culture and customs of Poland. The recipes are varied enough and I think it's worth a look!

Great little book with some very nice nostalgic traditional Polish dishes.

Was very disappointed ... there were hardly any recipes in the book which is what I was looking for and wanted one for a gift and feel it is now a "throw away"! I did get excellent shipping service but that is the only good thing about this purchase.

I like the history part of this book best!

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